Rare Diseases: Common Issues in Drug Development Guidance for Industry

DRAFT GUIDANCE

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U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (CDER) Center for Biologics Evaluation and Research (CBER)

> January 2019 Rare Diseases Revision 1

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Rare Diseases: Common Issues in Drug Development Guidance for Industry¹

This draft guidance, when finalized, will represent the current thinking of the Food and Drug Administration (FDA or Agency) on this topic. It does not establish any rights for any person and is not binding on FDA or the public. You can use an alternative approach if it satisfies the requirements of the applicable statutes and regulations. To discuss an alternative approach, contact the FDA staff responsible for this guidance as listed on the title page.

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15 I. INTRODUCTION

16 17 The purpose of this guidance is to assist sponsors of drug and biological products for the treatment or prevention of rare diseases in conducting more efficient and successful drug 18 19 development programs.² Although the statutory requirements for marketing approval for drugs 20 to treat rare and common diseases are the same and issues discussed in this guidance are 21 encountered in other drug development programs, these issues are frequently more difficult to 22 address in the context of a rare disease for which there is often limited medical and scientific 23 knowledge, natural history data, and drug development experience. 24

This guidance revises and replaces the draft guidance for industry *Rare Diseases: Common Issues in Drug Development* issued in August 2015. This revision includes the following:

- Updates to the Natural History Studies section
- Inclusion of issues for evaluation and validation of surrogate biomarkers
- Description of nonclinical flexibility
- Additional information on external controls and early randomization
- Addition of a safety section
 - Retitled Chemistry, Manufacturing, and Controls section to Pharmaceutical Quality Considerations

¹ This guidance has been prepared by the Office of New Drugs and the Office of Translational Sciences in the Center for Drug Evaluation and Research in cooperation with the Center for Biologics Evaluation and Research at the Food and Drug Administration.

 $^{^{2}}$ The term *drug* as used in this guidance refers to both human drugs and biological products unless otherwise specified.

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40	
41	• Additional information on changes to drug substance or manufacturing process with
42	clarification on areas of flexibility
43	
44	• Inclusion of an Additional Considerations section addressing several topics: participation
45	of patients, caretakers, and advocates; consideration of pediatric issues; and interactions
46	with FDA
47	
48	This guidance addresses the importance of the following elements in development programs for
49	rare diseases: ³
50	
51	• Adequate description and understanding of the disease's natural history
52	
53	• Adequate understanding of the pathophysiology of the disease and the drug's mechanism
54	of action
55	
56	• Nonclinical-pharmacotoxicology and human toxicology considerations to support the
57	proposed clinical investigation or investigations
58	
59	• Selection or development of outcome assessments and endpoints
60	
61	• Evidence to establish safety and effectiveness
62	·
63	• Drug manufacturing considerations during drug development (e.g., pharmaceutical
64	quality system considerations) ⁴
65	
66	• Participation of patients, caretakers, and advocates in development programs
67	
68	• Interactions with the Agency
69	
70	Early consideration of these issues gives sponsors the opportunity to efficiently and effectively
71	address the issues and to have productive meetings with FDA. These and other issues, as they
72	apply to all drug development programs, are also considered in FDA and International Council
73	for Harmonisation (ICH) guidances for industry (see References for selected guidances).
74	
75	This guidance does not contain discussion of the general issues of statistical analysis or clinical
76	trial design. Those topics are addressed in the ICH guidances for industry E9 Statistical

³ For recommendations on human gene therapy for rare diseases, see the draft guidance for industry *Human Gene Therapy for Rare Diseases* (July 2018). When final, this guidance will represent the FDA's current thinking on this topic. For the most recent version of a guidance, check the FDA guidance web page at https://www.fda.gov/RegulatoryInformation/Guidances/default.htm.

⁴ See the ICH guidance for industry *Q10 Pharmaceutical Quality System* (April 2009) and the guidance for industry *Process Validation: General Principles and Practices* (January 2011). We update guidances periodically. To make sure you have the most recent version of a guidance, check the FDA guidance web page at https://www.fda.gov/RegulatoryInformation/Guidances/default.htm.

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- 77 Principles for Clinical Trials (September 1998) and E10 Choice of Control Group and Related
- 78 Issues in Clinical Trials (May 2001), respectively.
- 79

80 In general, FDA's guidance documents do not establish legally enforceable responsibilities.

81 Instead, guidances describe the Agency's current thinking on a topic and should be viewed only

82 as recommendations, unless specific regulatory or statutory requirements are cited. The use of

- the word *should* in Agency guidances means that something is suggested or recommended, butnot required.
- 84 85
- 85 86

87 II. BACKGROUND

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89 The Orphan Drug Act (the ODA) generally defines a rare disease or condition as one affecting fewer than 200,000 people in the United States.⁵ Most rare diseases, however, affect far fewer 90 people. The ODA created a process for the Agency to designate a drug as a drug for a rare 91 92 disease or condition. The sponsor of a drug holding orphan drug designation may be eligible for 93 certain financial incentives intended to help make developing drugs for small numbers of patients 94 financially viable;⁶ however, the ODA does not create a statutory standard for the approval of 95 orphan drugs that is different from the standard for approval of drugs for common conditions. 96 Approval of any drug — for either a rare or a common disease or condition — must be based on 97 substantial evidence of the drug's effectiveness for its intended use and sufficient information to 98 conclude that the drug is safe for use under the conditions prescribed, recommended, or 99 suggested in the proposed labeling. Sponsors should obtain evidence of effectiveness in an 100 identified population from adequate and well-controlled studies (see section VII., Evidence of Safety and Effectiveness).⁷ FDA regulations provide flexibility in applying regulatory standards 101 102 because of the many types and intended uses of drugs. FDA "exercise[s] its scientific judgment" 103 in determining the kind and quantity of data a sponsor is required to provide for individual drug 104 development programs.⁸ This flexibility extends from the early stages of development to the 105 design of adequate and well-controlled studies required to demonstrate effectiveness to support 106 marketing approval and to establish safety data needed for the intended use.

107 108

⁷ See 21 CFR 314.126.

⁸ 21 CFR 314.105(c).

⁵ See Public Law 97-414, 96 Stat. 2049 et seq. (1983) as amended by Public Law 98-551, 98 Stat. 2815, 2817 (1984), which added a numeric prevalence threshold to the definition of rare diseases. The ODA also defines a rare disease as any disease or condition that "affects more than 200,000 in the United States and for which there is no reasonable expectation that the cost of developing and making available in the United States a drug for such disease or condition will be recovered from sales in the United States of such drug." Section 526(a)(2)(B) of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 360bb(a)(2)(B)).

⁶ Incentives associated with orphan drug designation include tax credit for 25 percent of qualified clinical trial costs, waiver of fees under the Prescription Drug User Fee Act, and eligibility for a 7-year period of market exclusivity. See Public Law 97-414 (1983), as amended.

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109 III. NATURAL HISTORY STUDIES

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A. Considerations for Natural History Studies

112 113 All drug development programs benefit from a firm scientific foundation, including an 114 understanding of disease natural history. The natural history of rare diseases is often poorly 115 understood, and the need for prospectively designed, protocol-driven natural history studies 116 initiated in the earliest drug development planning stages cannot be overemphasized. Although 117 FDA does not require natural history studies, we advise sponsors to evaluate early the depth and 118 quality of existing natural history knowledge to determine if it is sufficient to inform their drug 119 development programs. A natural history study initiated early may run in parallel with early 120 stages of drug development — including preclinical drug development — and may allow 121 updating of drug development strategies as new learning emerges. 122

- 123 An in-depth understanding of the disease can help sponsors with the following:124
 - Define the disease population, including a description of the full range of disease manifestations and identification of important disease subtypes. This may allow selection of patients more likely to progress and develop the endpoints assessed in the context of a clinical trial (prognostic enrichment).
 - Understand and implement critical elements in clinical trial design, such as trial duration and entry criteria.
 - Select clinical endpoints and develop sensitive and specific outcome measures.
- Identify new or validate existing biomarkers that may provide proof-of-concept (POC)
 information, guide dose selection, allow screening for possible responders (predictive
 enrichment), allow early recognition of safety concerns, or provide supportive evidence
 of efficacy. In some cases, sponsors can use biomarkers as surrogate endpoints.⁹
- 140 In special circumstances, such as when it may be impractical or unethical, a well-designed and 141 conducted natural history study can provide an external control group for interventional trials.¹⁰

142
143 No single set of natural history study data elements adequately describes all rare diseases. Rare
144 diseases are highly diverse, may affect many organ systems and have wide variations in the rates
145 and patterns of manifestations and progression. General principles that enhance the usefulness of
146 natural history studies in rare disease drug development include the following:

- 147 148
- Conduct a study of sufficient duration to capture clinically meaningful outcomes and variability in the course of the disease.
- 149 150

⁹ See the guidance for industry *Expedited Programs for Serious Conditions – Drugs and Biologics* (May 2014).

¹⁰ See the ICH guidance for industry *E10 Choice of Control Group and Related Issues in Clinical Trials*.

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151 152 153 154 155	• Select data elements based on features of the disease, including signs and symptoms that are most important to patients (i.e., disease aspects most likely to be life limiting or life altering), potential prognostic characteristics, and disease features that may help formulate a sensitive clinical endpoint. ¹¹ A sponsor should determine when specific disease manifestations are likely to develop and are likely to persist.
156 157 158 159 160 161 162 163 164	• Collect data from clinical examination findings, laboratory measurements, imaging, reports of patient functioning and feeling, ¹² and other relevant sources. The frequency of data collection is informed in part by knowledge of disease characteristics, such as the rate of deterioration of a patient condition and the presence or absence of exacerbations of a disease. Data should include the standards of care and concomitant therapies. A sponsor can modify the type and extent of data collection in a natural history study based on accumulated knowledge as the study proceeds.
165 166 167 168 169	• Include patients across a wide spectrum of disease severity and phenotypes, rather than focus on a particular subtype. Broad inclusion criteria can allow identification and better characterization of disease phenotypes for which therapy development may be more feasible or needed.
109 170 171 172	• Use standardized collection methods and medical terminology to enhance the value and usefulness of natural history study data.
172 173 174 175	We encourage making data from natural history studies publicly available to support and promote rare disease drug development.
176 177 178	See section VII., Evidence of Safety and Effectiveness, for discussion of natural history studies as a source of data for historically controlled clinical trials.
179	B. Types of Natural History Studies
180 181 182 183	Natural history study designs can be characterized as (1) retrospective or prospective and (2) cross-sectional or longitudinal.
183 184 185 186	1. Retrospective and prospective studies differ with respect to when patient data are collected. The information to be collected in the study is typically set forth in a protocol or procedure manual.
187 188 189 190	 Retrospective natural history studies most commonly use information in existing medical records (e.g., patient charts). The included patients have defined characteristics such as diagnoses and outcomes.

¹¹ See the draft guidance for industry, FDA staff, and other stakeholders *Patient-Focused Drug Development: Collecting Comprehensive and Representative Input* (June 2018). When final, this guidance will represent the FDA's current thinking on this topic.

¹² See the guidance for industry Patient-Reported Outcome Measures: Use in Medical Product Development to Support Labeling Claims (December 2009).

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191 192 - Prospective natural history studies collect and analyze new data generated from 193 identified patients at specified time points after the natural history study has been 194 initiated. 195 196 2. Cross-sectional and longitudinal natural history studies collect data from cohorts of 197 patients. Cross-sectional and longitudinal studies may be retrospective or prospective. 198 199 - Cross-sectional natural history studies collect data from individual patients at a single 200 point in time. The point in time may be a specific date or set by stage of illness, date 201 of diagnosis, onset of certain sign and symptoms, or other criteria. 202 203 - Longitudinal natural history studies collect data from patients with the identified 204 condition over time. The length of time and frequency of data collections can vary 205 considerably and should be tailored to the characteristics of the disease. 206 207 Each type of natural history study has advantages and disadvantages. In general, retrospective 208 studies may be conducted more quickly than prospective studies. However, retrospective studies 209 are limited in that they can only obtain data elements available in existing records. Retrospective 210 studies are also limited by many factors including but not limited to inconsistent measurement 211 procedures, irregular time intervals, and unclear use of terms that may limit the completeness and 212 generalizability of the information. These limitations often preclude the use of such studies as an 213 external control group for drug trials if it is not possible to match characteristics of patients in the 214 drug trial with the historical controls. Prospective studies provide systematically and 215 comprehensively captured data using consistent medical terms and methodologies relevant to 216 future clinical trials. 217 218 For a prospective design, a cross-sectional study may be conducted more quickly than a 219 longitudinal study. However, cross-sectional studies are unable to provide a comprehensive 220 description of the course of progressive or recurrent disease. Cross-sectional studies may be 221 helpful to inform the design of a longitudinal natural history study. Longitudinal studies 222 typically yield the most comprehensive information about a disease, can characterize the course 223 of disease within patients, and can help distinguish different phenotypes. 224 225 226 IV. DISEASE PATHOPHYSIOLOGY, CLINICAL MANIFESTATIONS, AND 227 **IDENTIFICATION AND USE OF BIOMARKERS** 228 229 Knowledge about a disease's pathophysiology and clinical manifestations over time, which is 230 frequently incomplete for rare diseases, can be invaluable to the successful development of a 231 treatment, for example, by: 232 233 • Identifying clinical manifestations of the disease that may have greater or earlier 234 responsiveness to treatment 235

236 237 238 239	 Manifestations that are more closely linked to the disease pathophysiology and that are targeted by the drug's mechanism of action may be more likely to lead to clinical benefits, especially if those manifestations are earlier in the disease course, when intervention may be more beneficial 		
239	intervention may be more beneficial.		
241	• Estimating the amount of effect that may provide clinically meaningful benefit		
242	8 91 9 8		
243	• Identifying new biomarkers, or modifying the use of existing biomarkers that may		
244	indicate effects on different steps in the pathophysiologic processes		
245			
246	 Predictive biomarkers may have critical roles in POC and dose-selection trials or in 		
247	identification of characteristics of patients with greater potential to respond to		
248	therapy. Biomarkers that promptly indicate drug response might be used in a patient-		
249	specific manner to individualize the treatment in dosage or regimen.		
250			
251	• Identifying early biomarkers of disease or effects of interventions and biomarkers that		
252	could be used in adaptive and enrichment designs for greater efficiency.		
255	- For example, response of a laboratory measurement sensitive to drug effect could be		
255	used to screen potential responders for inclusion in efficacy trials. Sponsors may also		
256	be able to identify clinical or genomic characteristics that predict response using these		
257	biomarkers.		
258			
259	For special considerations related to use of biomarkers as surrogate endpoints, see section VI.,		
260	Efficacy Endpoints.		
261			
262	A surrogate endpoint is a marker, such as a laboratory measurement, radiographic image,		
263	physical sign, or other measure, that is thought to be able to predict clinical benefit but is not		
264	itself a measure of clinical benefit. ¹⁴ Effects on some surrogate endpoints (e.g., blood pressure,		
265	low-density lipoprotein cholesterol) are well established predictors of clinical benefit for certain		
200	indications and are regularly used as the basis for traditional approval of drugs. Less well		
267	benefit may be used as a basis for accelerated approval for treatment of serious or life-		
269	threatening diseases.		
270			

¹³ See the draft guidances for industry *Enrichment Strategies for Clinical Trials to Support Approval of Human Drugs and Biological Products* and *Adaptive Design Clinical Trials for Drugs and Biologics* (December 2012). When final, these guidances will represent the FDA's current thinking on these topics.

¹⁴ See the guidance for industry *Expedited Programs for Serious Conditions—Drugs and Biologics*. See also the definition of *surrogate endpoint* in section 507(e)(9) of the Federal Food, Drug, and Cosmetic Act and the definition developed by the BEST (Biomarkers, EndpointS, and other Tools) Resource, which states that a *surrogate endpoint* is an "endpoint that is used in clinical trials as a substitute for a direct measure of how a patient feels, functions, or survives. A surrogate endpoint does not measure the clinical benefit of primary interest in and of itself, but rather is expected to predict that clinical benefit or harm based on epidemiologic, therapeutic, pathophysiologic, or other scientific evidence." See the BEST Resource at https://www.ncbi.nlm.nih.gov/books/NBK326791/.

271 272 273 274	Most rare diseases are serious or life threatening, and patients with rare diseases may have no available therapies for the disease. Section 506(c) of the Federal Food, Drug, and Cosmetic Act (FD&C Act) provides that FDA may grant accelerated approval to:	
275 276 277 278 279 280 281	a product for a serious or life-threatening disease or condition upon a determination that the product has an effect on a surrogate endpoint that is reasonably likely to predict clinical benefit, or on a clinical endpoint that can be measured earlier than irreversible morbidity or mortality, that is reasonably likely to predict an effect on irreversible morbidity or mortality or other clinical benefit, taking into account the severity, rarity, or prevalence of the condition and the availability or lack of alternative treatments. ¹⁵	
282 283 284	The use of a surrogate endpoint requires demonstration of analytical and clinical validation of the biomarker test.	
285 286 287	The analytic validity should be confirmed <i>before</i> starting the clinical trial. Analytical validation evaluates several factors including the following:	
287 288 289	• Sensitivity of the assay	
290 291	• Specificity of the assay to measure the biomarker	
292 293	• Range of results that can be measured	
294 295	• Standardized methods of sample collection, shipment, and preparation	
296 297	• Reproducibility of the results	
298 299 300 301 302 303 304 305 306	The guidance for industry and FDA staff <i>Qualification Process for Drug Development Tools</i> (January 2014) includes important information about the features of biomarkers used as endpoints. ¹⁶ For advice about biomarker development within a specific drug development program, the sponsor should request advice from the appropriate review division. ¹⁷ In addition, the Center for Drug Evaluation and Research's (CDER's) Critical Path Innovation Meetings program provides a forum to obtain general advice on methodologies or technologies such as biomarkers to enhance drug development. ¹⁸	

¹⁵ Section 506(c)(1)(A) of the FD&C Act (21 U.S.C. 356(c)(1)(A)).

¹⁶ There is no statutory requirement that biomarkers be qualified through this process.

¹⁷ See the draft guidance for industry *Formal Meetings Between the FDA and Sponsors or Applicants of PDUFA Products* (December 2017). When final, this guidance will represent the FDA's current thinking on this topic.

¹⁸ See the guidance for industry *Critical Path Innovation Meetings* (April 2015).

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307 V. NONCLINICAL STUDIES

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309 Nonclinical studies are a mandated part of drug development.¹⁹ The goal of the nonclinical

310 program, which consists of in vitro and/or in vivo studies, is to provide evidence that the drug is

311 "reasonably safe to conduct the proposed clinical investigations."²⁰ Nonclinical studies can also

312 contribute to a better understanding of the drug's possible efficacy, mechanism of action,

313 pharmacokinetics, and metabolism. The data generated from nonclinical studies are important to 314 the design of early phase clinical trials, particularly for selecting the starting clinical dose, dose-

escalation plan, dosing regimen, and route of administration. The nonclinical data may help

316 guide the selection of patient eligibility criteria and will often determine important safety

- 317 monitoring procedures based on the observed toxicologic profile.
- 318

319 Internationally accepted guidances discuss the general design of nonclinical safety studies and

320 the timing of such studies relative to the conduct of a clinical development program.²¹

321 Regulations state that it is appropriate for FDA to exercise the broadest flexibility in applying the

322 statutory standards, while preserving appropriate guarantees for safety and effectiveness, for

323 drugs to treat serious and life-threatening diseases.²² This flexibility includes determining the

324 nonclinical data necessary to support clinical development programs. Factors that FDA

325 evaluates when determining areas of nonclinical flexibility include the pharmacological and

326 chemical characteristics of the drug, the design and objectives of the proposed clinical

327 investigations, the anticipated risks to humans, and the existing accumulated nonclinical

328 toxicology and human data. When determining the relevance of existing data, a sponsor may

329 consider factors such as drug product constituents, dosage form, route of administration, dose

330 levels, and dosing regimen plan.

331

332 For serious or life-threatening diseases where current treatments, if any, are inadequate, clinical

trials can often proceed with a modified nonclinical development program described in

334 guidances on nonclinical studies.²³ However, these trials may proceed only under limited

335 circumstances, with sufficient justification, and when no specific safety concern is present. For

example, FDA could consider toxicology studies in a single species or toxicology studies of less

than chronic duration to be sufficient to support clinical development. The ICH guidances for

industry M3(R2) Nonclinical Safety Studies for the Conduct of Human Clinical Trials and
 Marketing Authorization for Pharmaceuticals (January 2010) and S6(R1) Preclinical Safety

¹⁹ See 21 CFR 312.23(a)(8).

²⁰ Ibid.

²¹ See the ICH guidances for industry *M3(R2)* Nonclinical Safety Studies for the Conduct of Human Clinical Trials and Marketing Authorization for Pharmaceuticals (January 2010); *S6(R1)* Preclinical Safety Evaluation of Biotechnology-Derived Pharmaceuticals (July 1997); and S9 Nonclinical Evaluation for Anticancer Pharmaceuticals (March 2010). See also the draft guidance for industry Investigational Enzyme Replacement Therapy Products: Nonclinical Assessment (May 2015). When final, this guidance will represent the FDA's current thinking on this topic.

²² See 21 CFR 312.80.

²³ See the guidances for industry ICH M3(R2), ICH S6(R1), and ICH S9.

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340 Evaluation of Biotechnology-Derived Pharmaceuticals (July 1997) outline chronic toxicology 341 studies to support clinical indications of chronic, lifetime use. A chronic toxicity study calls for 342 a 6-month duration of dosing in a rodent and a 9-month duration of dosing in a nonrodent 343 species. If chronic toxicology studies are required, the sponsor may be able to conduct them 344 concurrently with clinical trials or in a staggered fashion, such that the resulting data from these 345 studies are submitted before dosing of any patient in an ongoing clinical trial that exceeds the 346 duration of the available nonclinical data. Sponsors should justify the use of such an approach. 347 In some cases, the sponsor may be able to delay submission of certain nonclinical studies to a 348 marketing application (e.g., reproduction and developmental toxicology studies) or defer 349 submission to the postmarketing period (e.g., carcinogenicity studies). FDA strongly encourages 350 a sponsor to discuss the proposed approach with the review division to obtain concurrence on 351 any abbreviated or deferred nonclinical program that could support the proposed clinical trials.²⁴ 352

353 The sponsor should base the design of the pivotal toxicology studies on the biology of the

disease, expected pharmacology of the drug, existing POC data, proposed population to be

355 studied (e.g., adult versus pediatric), and proposed clinical trial design(s) for the clinical

indication being sought. Generally, healthy animals are the test system used in traditional

357 toxicology testing and, in most circumstances, should be the test system used to support clinical

trials. When an animal model of the disease is available, pharmacology and safety studies may

359 contribute to understanding the actions of the drug on disease pathophysiology, inform safety in 360 the context of that disease, and guide plans for measuring biological effects in patients.

361 Combined POC and safety studies in animal models of human disease have been utilized in

362 limited situations such as enzyme replacement therapy. Toxicology testing in an animal model

363 of disease may contribute to the nonclinical support for clinical trials but usually will not

364 substitute for toxicology testing in healthy animals.²⁵ However, safety evaluation in an animal

365 model may be particularly valuable when drug toxicity is predicted to be more severe in the 366 presence of disease pathophysiology.

367

When clinical trials are to be conducted in pediatric patients, POC data is required to establish a prospect of direct benefit to the pediatric population.²⁶ Robust animal model results may support the possibility of clinical benefit and the potential for a favorable benefit-risk assessment. For many rare diseases, however, an animal disease model may not exist or may not exhibit some of the clinically important manifestations of the disease. Sponsors should thoroughly understand the biological relevance and limitations of the animal model of disease if it is used in nonclinical

374 studies. Sponsors can submit data from relevant in vitro models as supportive information.

375

²⁴ For recommendations on the substance and scope of nonclinical information needed to support clinical trials for cell therapy and gene therapy products, see the guidance for industry *Preclinical Assessment of Investigational Cellular and Gene Therapy Products* (November 2013).

²⁵ The FDA encourages sponsors to consult with review divisions when considering nonanimal testing methods believed to be suitable, adequate, validated, and feasible. The FDA will consider if the alternative method could be assessed for equivalency to an animal test method.

²⁶ See 21 CFR 50.52, 50.53, and 50.55(c)(2).

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376	FDA e	encourages the sponsor to communicate early in the drug development process with the	
377	review division to discuss an appropriate nonclinical development program for the		
378	investi	gational drug.	
379			
380			
381	VI.	EFFICACY ENDPOINTS	
382			
383	The se	lection of appropriate endpoints is critical for a clinical trial. For many rare diseases well-	
384	charac	terized efficacy endpoints appropriate for the disease are not available. To define a trial	
385	endnoi	int a sponsor should select a patient assessment to be used as an outcome measure and	
386	define	when in the trial the patient would be assessed	
387	define	when in the trut the patient would be assessed.	
388	Endno	int selection for a clinical trial involves understanding the following:	
380	Liiupo	Int selection for a chinear that involves understanding the following.	
300	•	The range and course of clinical manifestations associated with the disease. Spansors can	
201	•	after obtain this knowledge, along with possible differences among patient subtypes	
202		from a natural history study of the diagona (see section III. Natural History Studies)	
202		from a natural instory study of the disease (see section in., Natural History Studies).	
204	-	The aligned abarratoristics of the gravitic target genulation which may be a subset of the	
205	•	total nonvlation with a diagonal	
393		total population with a disease.	
207	-	The sevents of the diagons that are many in shill to the nations and that applied he assessed to	
200	•	The aspects of the disease that are meaningful to the patient and that could be assessed to	
200		evaluate the drug's effectiveness.	
399			
400	•	The possibility of using the accelerated approval pathway."	
401	D		
402	Despit	e continuing efforts to develop novel surrogate endpoints, currently, clinical outcomes as	
403	oppose	ed to surrogate endpoints are the usual endpoints for the adequate and well-controlled trials	
404	(see se	ction VII., Evidence of Safety and Effectiveness) that will provide the substantial	
405	eviden	ce of effectiveness supporting marketing approval of the drug. Sponsors should select	
406	endpor	ints considering the objectives of each trial in the context of the overall clinical	
407	develo	pment program. Different endpoints are often appropriate for the evolving objectives of	
408	succes	sive clinical trials. Although the earliest clinical investigations will usually focus on	
409	safety	assessments, early investigations also can be useful in evaluating a drug's	
410	pharm	acokinetics and assessing pharmacodynamic effects. Sponsors should conduct early- and	
411	mid-phase (e.g., phase 2) clinical investigations to guide selection of dose strength and frequency		
412	and can rely on pharmacodynamic or intermediate clinical effects, which may be seen earlier		
413	than m	nore definitive endpoints. Late-phase clinical investigations are generally designed to	
414	provid	e clear determinations of efficacy and further evaluation of safety.	
415	C1 ¹ ·	a a a a a a a a a a a a a a a a a a a	
416	Clinica	al trials within a drug development program generally build upon the knowledge gained in	
417	early s	tudies to guide the design and endpoint selection for later stages of development.	
418	Explo	ratory evidence from earlier phase trials helps inform the choice of dose and timing of	

²⁷ For further discussion, see the guidance for industry *Expedited Programs for Serious Conditions* — *Drugs and Biologics*.

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- 419 endpoints. However, adaptive seamless trial designs may allow early evidence to be used later in
- 420 a study, especially helpful when there are limited numbers of patients to study.²⁸ If an adaptive
- 421 design is under consideration, a thorough statistical analysis plan including the key features of
- 422 the trial design and preplanned analyses should be discussed with the review division before trial 423 initiation.
- 424
- 425 Treatment-assignment blinding is important to lessen the potential for bias in trial results, but
- 426 ensuring perfect blinding is difficult for many treatments. An example of potential unblinding is
- 427 when all patients receiving an experimental drug develop a certain side effect or requires a
- 428 procedure/surgery, yet no patient in the placebo arm has the same side effect or procedure. When
- 429 the primary endpoint is clinically meaningful but susceptible to individual interpretation, the trial 430 may benefit from having additional supportive secondary endpoints (e.g., laboratory
- 431 measurements). Additionally, use of performance outcome assessments (e.g., cognitive tests,
- 432 ambulation tests), administered by trained health care professionals (blinded to treatment) and
- 433 standardized across patients and sites, may complement reports from caregivers and patients
- 434 regarding the relevant aspects of day-to-day functioning.
- 435

436 Sponsors should also consider the characteristics of an endpoint for the full range of patients,

- 437 including pediatric patients, to be enrolled into a clinical trial. For rare diseases, practical
- 438 considerations may warrant inclusion of a broader range of disease stages (e.g., severity of
- 439 manifestations, development of manifestations secondary to long-standing primary disease
- 440 manifestations) or phenotypes than might be used for trials in common diseases. The validity,
- sensitivity, reliability, or interpretability of an endpoint may be different for patients with mild,
- early-stage or slowly progressive forms of a disease compared to patients with severe, late-stage,
- 443 or rapidly progressive forms of the same disease.
- 444

445 Sponsors should consider approaches to trial design and assessment procedures that may

- 446 improve the utility of assessment tools. For example, a detailed description of procedures and
- 447 training for performing the assessment may improve the reliability of the assessment. An
- 448 assessment training program for investigators may improve both intra-rater and inter-rater
- 449 consistency. It is possible for sponsors to assess the adequacy/success of blinding at the end of a
- 450 trial. Effective blinding of treatments can reduce concern about bias in the subjective aspects of
- 451 an assessment, as can conduct of endpoint evaluation by raters not involved in other aspects of
- 452 the trial (e.g., radiologists, exercise testers). Another consideration is that rare disease clinical
- 453 development programs are often multinational, and sponsors should consider the effect of
- 454 language, culture, and customs on the interpretability and relevance of outcome assessments.
- 455
- 456 Sponsors considering the development of novel clinical outcome assessments should identify and 457 characterize these assessments early in their drug development programs. FDA advises sponsors
- to consider using or modifying existing assessment measures for the disease under study because
- evaluating novel measures is time consuming, with potential unexpected outcomes, and
- 460 evaluations initiated late in the process could delay drug development. At meetings with FDA,
- sponsors should discuss the availability and modification of existing clinical outcome
- 462 assessments.
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²⁸ See the draft guidance for industry Adaptive Design Clinical Trials for Drugs and Biologics (September 2018).

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465 VII. EVIDENCE OF EFFECTIVENESS AND SAFETY

466 467 The overall goals of drug development programs are to demonstrate the effectiveness of a drug in treating or preventing a disease or condition, to assess the magnitude and frequency of that 468 469 effect, and to assess the risks of the drug, thereby enabling a benefit-risk assessment and 470 appropriate labeling. In rare disease drug development, given the limited number of patients, it 471 is crucial to standardize the collection and handling of data to ensure quality and interpretability. 472 Increased measurement variability reduces power. Standardized operating procedures and 473 quality assurance and quality control are essential. This is especially important when the trial is 474 being conducted at multiple sites. 475

A. Effectiveness

477 One of the statutory requirements for drug marketing approval is "substantial evidence" that the 478 drug will have its claimed effect.²⁹ This requirement is the same for all drugs regardless of 479 480 whether they are for common or rare diseases. Substantial evidence is based on the results of adequate and well-controlled investigations.³⁰ Adequate and well-controlled investigations of a 481 482 drug are able to "distinguish the effect of a drug from other influences, such as spontaneous 483 change in the course of a disease, placebo effect, or biased observation."³¹ Scientifically 484 established essential elements that determine whether a trial is adequate and well-controlled are 485 both required by regulation and generally recognized and accepted by the scientific community. Design features of an adequate and well-controlled trial protocol include the following:³² 486 487

- A clear statement of the trial objectives, a statement and rationale regarding planned sample size, and a summary of the methods of analysis being used
- A design that permits a valid comparison with a control that may be concurrent (e.g., placebo, standard of care, active treatment, dose comparison) or, in limited and special circumstances, historical
- Methods of patient selection that are well defined and result in the selection of an appropriate population for trial
- Methods that minimize bias in assigning patients to trial groups and ensure comparability between or among trial groups (e.g., randomization)

³¹ 21 CFR 314.126(a).

³² 21 CFR 314.126(b).

²⁹ Section 505(d) of the FD&C Act (21 U.S.C. 355(d)). For a biological product to be licensed under section 351 of the Public Health Service Act, a sponsor must demonstrate, among other things, that its product is safe, pure, and potent. Potency has long been interpreted to include effectiveness (21 CFR 600.3(s)).

³⁰ See 21 CFR 314.126(a). In some circumstances, data from one adequate and well-controlled clinical investigation and confirmatory evidence can be sufficient. See section 505(d) of the FD&C Act. See also the guidance for industry *Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products* (May 1998).

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501 502	•	Metho blindi	ods that minimize bias in trial conduct, outcome measures, and analysis (e.g., ng techniques)		
503		Math	ada of according to fination to' normanized that are well defined and relights (a c		
504 505	•	metho	but of assessment of patients responses that are well defined and reliable (e.g.,		
505		appro	priate enupoints for the trial objectives).		
507	•	Metho	ods of analysis adequate to assess effects of treatment (e.g., an appropriate statistical		
508		analys	sis plan).		
509		2	1 /		
510		B.	Use of Historical Controls and Early Randomization		
511			·		
512	Ultima	tely, re	egistration trials must be designed to demonstrate whether an observed beneficial		
513	effect	is cause	ed by the investigational intervention. Concurrent control designs and		
514	randor	nizatio	n minimize unknown variables that could affect the outcome independent of the		
515	interve	ention.			
516					
517		1.	Historical (external) controls		
518					
519	For set	rious ra	ure diseases with unmet medical need, interest is frequently expressed in using an		
520	extern	al, <i>histe</i>	prical, control in which all enrolled patients receive the investigational drug, and		
521	there is	s no rai	ndomization to a concurrent comparator group (e.g., placebo/standard of care). The		
522	inabili	ty to el	iminate systematic differences between nonconcurrent treatment groups, however,		
523	is a ma	ijor pro	blem with that design. This situation generally restricts use of historical control		
524	design	s to ass	sessment of serious disease when (1) there is an unmet medical need; ³⁵ (2) there is a		
525	well-d	ocume	ated, highly predictable disease course that can be objectively measured and		
526 527	verifie	d, such	as high and temporally predictable mortality; and (3) there is an expected drug		
527	Howar	linat is i	arge, sen-evident, and temporary closely associated with the intervention.		
520	outcon	ref, even a mea	sure may have important prognostic covariates that are either unknown or		
529	unreco	irded ir	the historical data		
531	uniceo	nucu II.			
532	As dis	cussed	in section III Natural History Studies when concurrent controls are impractical or		
533	unethi	cal. clii	nical trials can rely on a historical control. A natural history study providing		
534	system	atically	v and comprehensively captured data using uniform medical language and		
535	metho	dologie	es relevant to the interventional clinical trials helps ensure that the historical control		
536	is com	parable	e to the treatment group. Natural history studies should be part of earliest drug		
537	development. However, initiation of prospective natural history studies should not delay				
538	interve	ntiona	l testing otherwise ready to commence for a serious disease with unmet medical		
539	need.				
540					
541		2.	Early randomization when feasible		
542					
543	In mos	t cases	, randomized controlled clinical trials are the most efficient and accurate way to		
544	determ	ine wh	ether a drug has a clinically meaningful effect on the disease being treated.		

Randomization of the first and all subsequently enrolled patients, including those in the earliest 545

³³ See the ICH guidance for industry *E10 Choice of Control Group and Related Issues in Clinical Trials.*

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- 546 phases of clinical development, helps ensure that each patient's contribution is interpretable,
- 547 avoiding potentially misleading findings from open-label, single-arm, externally controlled trials.
- 548 Stratified randomization (e.g., by important prognostic factors such as age or disease severity)
- 549 may be useful to improve comparability of trial groups.
- 550
- 551 Sponsors should explore and address concerns about control arms with patient and caregivers
- stakeholder groups and clinical investigators early in planning stages to avoid undermining trial
- 553 recruitment and retention. Sponsors can sometimes address patient and family concerns by using
- 554 modified trial designs, when appropriate, to demonstrate effectiveness and interpretation of
- 555 safety signals. These designs retain the advantages of placebo-controlled trials and include
- features that minimize placebo exposure and enhance access to experimental therapies (e.g.,
- dose-response, delayed start, randomized withdrawal, crossover, adaptive designs with interimanalysis).
- 559

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566

- 560 In all cases, it is important for patient and family stakeholder group members to understand that 561 because an investigational drug's effectiveness, like its safety, is unknown, the placebo or 562 standard of care group may receive a pet clinical benefit that is equal to or greater than that the
- standard of care group may receive a net clinical benefit that is equal to or greater than that the
 group receiving the investigational drug.
 - C. Safety
- The goal of safety evaluation during drug development is to characterize the drug's safety profile in a reasonable number of patients over a reasonable duration of time, consistent with the intended use of the drug. For the FDA, the term *reasonable* in the context of rare diseases means consideration of feasibility challenges posed by the limited number of patients with the disease.
- 571

572 FDA interprets reference in the FD&C Act to the *safety* of a drug for the uses recommended in

black labeling as meaning that the benefits of a drug outweigh its risks for those uses. Ultimately,

574 what is a feasible and sufficient safety assessment is a matter of scientific and regulatory

575 judgment based on the particular challenges posed by each drug and disease, including patients' 576 tolerance for risk in the setting of unmet medical need.³⁴

577

578 Regulations do not specify the needed evidence of safety, except that the evidence must include

- 579 adequate tests by all methods reasonably applicable.³⁵ The ICH guidance for industry EIA The
- 580 Extent of Population Exposure to Assess Clinical Safety: For Drugs Intended for Long-Term
- 581 *Treatment of Non-Life-Threatening Conditions* (March 1995) describes expected exposure for

582 chronically used drugs for non-life-threatening conditions, but these expectations do not apply to

- the many rare diseases that are life threatening. Although ICH E1A does not mention rare
- diseases, the guidance states that a smaller number of patients may be acceptable when the
- 585 intended treatment population is small.

³⁴ The term *sufficient* in this context refers to anticipated sufficiency in terms of trial enrollment. Whether a safety database is sufficient for FDA to conclude that the benefits of the drug exceed the risks is a marketing application review issue.

³⁵ See the guidance for industry *Premarketing Risk Assessment* (March 2005).

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587 Evidence-based decisions about what is feasible in terms of rare disease drug trial enrollment depend on accurately estimated disease prevalence.³⁶ Many rare diseases are genetic in origin 588 589 and characterized by more than one phenotypic subtype (e.g., infantile, juvenile, adult). 590 Prevalence estimates should include all phenotypic subtypes of a disorder anticipated to respond 591 to the investigational drug. Sponsors also should determine prevalence estimates for all 592 countries in which trial sites are being considered. Sponsors should provide the individual 593 sources of current published prevalence estimates, rather than calculated averages, because 594 published prevalence estimates can vary widely depending on study details (e.g., case definition), 595 country or region, and advances in diagnostics and treatment over time. To facilitate discussion 596 with the review division about a feasible trial safety population enrollment goal, submissions 597 should include complete citations and, if possible, a copy of each reference pertaining to the 598 prevalence estimate. 599 600 FDA encourages sponsors to discuss their overall plans for maximizing the quantity and quality 601 of safety data in early drug development meetings with FDA. Several approaches for 602 augmenting the safety assessment are discussed below. FDA encourages sponsors to propose additional strategies tailored to the specific challenges of their drug development programs. 603 604 605 • Natural history: As discussed in section III, Natural History Studies, knowledge about a 606 disease's natural history can inform many important aspects of trials. From a safety 607 perspective, this includes planning for disease-specific challenges to patient accrual and 608 retention to maximize the size of the premarket safety dataset. Robust natural history 609 data can also help distinguish drug-related adverse effects from underlying disease 610 manifestations. 611 612 Trial eligibility: For rare diseases, it is especially important that inclusion and exclusion • 613 criteria do not unnecessarily constrain patient eligibility for not only patient accrual but 614 for an adequate representation of the safety in the intended treatment population. 615 However, when appropriate, sponsors should consider enrichment strategies to decrease 616 heterogeneity (nondrug-related variability) and to enhance the ability of the clinical trial to demonstrate a potential treatment effect.³⁷ Many rare diseases severely affect children, 617

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- 620

and for diseases that affect both children and adults, sponsors should explore early

inclusion of pediatric patients in clinical studies.³⁸

³⁶ The term *prevalence* is used here in the context of a safety database, not in the context of orphan drug designation. Information about prevalence in orphan drug designation can be found on the FDA's Designating an Orphan Product: Drugs and Biological Products web page available at

https://www.fda.gov/ForIndustry/DevelopingProductsforRareDiseasesConditions/HowtoapplyforOrphanProductDesignation/default.htm.

³⁷ See the draft guidance for industry *Enrichment Strategies for Clinical Trials to Support Approval of Human Drugs and Biological Products*. When final, this guidance will represent the FDA's current thinking on this topic.

³⁸ See 21 CFR part 50, subpart D, Additional Safeguards for Children in Clinical Investigations.

621 622 623 624	• Dose selection: Attention to dose selection is important to avoid patient discontinuations because of lack of efficacy (dose too low) or unnecessary toxicity (dose too high), especially when only one registration trial is feasible.
625 626 627 628 629 630	• Comparator arm: From a safety evaluation perspective, sponsors should use a concurrent comparator arm design (e.g., placebo, no treatment, standard of care, active drug, multiple doses), whenever ethically and practicably feasible, to facilitate interpretation of adverse event causality, especially with respect to the incidence and severity of adverse events that could be a manifestation of the disease under study.
631 632 633 634	• Auxiliary safety cohorts: Depending on details of the clinical development program, the following approaches may augment the premarket safety database <i>if</i> the sponsor rigorously collects and analyzes the data:
635 636 637 638 639 640 641	 A trial protocol with a safety cohort running parallel to the efficacy trial: This cohort would include patients with the disease who investigators think might benefit from the investigational drug but who do not meet all the registration trial eligibility criteria. Such patients can be enrolled in the trial, avoiding the need for a separate trial and protocol. However, these patients are not randomized and are excluded from the efficacy analysis.
642 643 644 645 646 647 648	 Patients receiving drugs under expanded access:³⁹ Systematic collection of expanded access safety data might identify important premarketing signals that might otherwise not be observed until the drug is used in the more diverse practice setting. Expanded access programs can also randomize participants to more than one dose or duration of therapy. Plans for these cohort should be discussed early in the development process with the review divisions.
649 650	 Relevant data from other sources, such as trials using the drug for other indications or studies of similar drugs.⁴⁰
652 653 654 655	Sponsors should maintain communication with FDA as safety data accrue because timely discussion of potentially needed postmarketing studies or risk mitigation measures beyond labeling and routine pharmacovigilance facilitates submission of a complete marketing application. This can help avoid preventable delays in access to an approved drug for patients

³⁹ See the guidance for industry *Expanded Access to Investigational Drugs for Treatment Use — Questions and Answers* (October 2017).

⁴⁰ New drug applications must include a "description and analysis of any other data or information relevant to an evaluation of the safety and effectiveness of the drug product obtained or otherwise received by the applicant from any source, foreign or domestic, including information derived from clinical investigations, including controlled and uncontrolled studies of uses of the drug other than those proposed in the new drug application, commercial marketing experience, reports in the scientific literature, and unpublished scientific papers." 21 CFR 314.50(d)(5)(iv). If an applicant relies on FDA's finding of safety or effectiveness for another drug or uses information to which it does not have a right of reference to fulfill a requirement for approval or licensure, FDA will not be able to consider the marketing application as a *stand-alone* application.

656	with unmet medical need. ⁴¹ For additional information refer to section X., Interactions With
03/	FDA.
658	
039	VIII DILADMACEUTICAL QUALITY CONCIDEDATIONS
000	VIII. PHARMACEUTICAL QUALITY CONSIDERATIONS
661	
662	Drug manufacturing should undergo development concurrently with clinical development.
663 664	Review divisions encourage sponsors to discuss pharmaceutical quality development plans in early-phase (such as at pre-investigational new drug application (pre-IND) meetings) and
665	throughout drug development to decrease the potential for developmental or approval delays
666	related to drug manufacturing. ⁴²
667	
668	FDA recommends that the sponsor carefully assess any planned changes to the drug substance or
669	drug product manufacturing process or drug product formulation at any phase of development to
670	determine if the changes could directly or indirectly affect the safety or efficacy of the product.
671	These assessments might include both nonclinical studies and clinical trials, should be conducted
672	with each change, and could inform whether bridging studies will be needed. Sponsors should
673	design adequate testing procedures early and implement them in a timely manner to mitigate
674	delays. To allow time to evaluate the potential effect of manufacturing changes on drug safety and
675	effectiveness and to minimize possible delays in development, manufacturing changes should be
676	made as early as feasible.
677	
678	FDA may exercise some flexibility on the type and extent of manufacturing information that is
679	expected at the time of submission and approval for certain components (e.g., stability updates,
680	validation strategies, inspection planning, manufacturing scale-up). FDA can explore the level
681	of flexibility on a case-by-case basis after considering factors such as the following: (1) product
682	characteristics, (2) seriousness of the condition and medical need, (3) manufacturing processes,
683	(4) the robustness of the sponsor's quality system, and (5) the strength of the sponsor's risk-
684	based quality assessment.
685	
686	The need for larger amounts of the drug during later phase trials may lead to the need to modify
687	manufacturing procedures and purification methods. FDA also recognizes that transfer of
688	manufacturing responsibilities may occur after initial nonclinical and/or clinical investigations
689	(e.g., from a single investigator to a company, from a small company to a large company), which
690	may be a more common scenario for drugs for rare diseases. Any of these changes (even
691	changes expected to be minor) might result in unanticipated changes to drug characteristics (e.g.,
692	drug impurities, physical-chemical characteristics of proteins, cell phenotype of cellular
693	products). If significant differences are identified in drug characteristics after a manufacturing
694	change compared to drug batches (or biological product lots) used in earlier nonclinical studies
695	or clinical trials, then additional nonclinical studies and clinical trials may be needed because

⁴¹ See the guidance for industry *Good Pharmacovigilance Practices and Pharmacoepidemiologic Assessment* (March 2005) and the draft guidance for industry *FDA's Application of Statutory Factors in Determining When a REMS Is Necessary* (September 2016). When final, this guidance will represent the FDA's current thinking on this topic.

⁴² See the draft guidance for industry *Rare Diseases: Early Drug Development and the Role of Pre-IND Meetings* (October 2018). When final, this guidance will represent the FDA's current thinking on this topic.

696 697 698 699	these d apply t charact	ferences can raise concerns that the knowledge gained from the earlier studies will not further use of the drug. Examples of some of the many ways a change in drug ristics may adversely affect drug development include the following:
700 701 702 703 704 705	•	The amount or type of impurities in a drug product used in clinical trials should be comparable to the drug batches used in toxicology studies. Changes might raise concerns hat the drug used in later clinical trials has unknown toxicological characteristics. Additional toxicology studies may be needed to evaluate the newly produced drug, lelaying the clinical development program.
706 707 708 709 710	•	Changes in critical quality attributes of the planned commercial drug after the clinical rials might raise concerns that the safety and effectiveness findings of the clinical trials lo not apply to the newly manufactured drug. This could warrant additional studies nonclinical, clinical, or both) to address the concern before marketing approval.
711 712 713 714	Given relevar	e wide variety of drugs, some of which are complex, FDA advises sponsors to consult guidances for industry (see References for a list of selected guidances).
715	IX.	ADDITIONAL CONSIDERATIONS
716		A Participation of Patients, Caregivers, and Advocates
718		i i i i i i i i i i i i i i i i i i i
720 721 722 723 724 725 726 727 728 729 730	develop perspect the rev such as contrib scientif history confide about a commu	nent process. Their input may provide important information about their experiences, ives, needs, and priorities related to potential endpoints and meaningful changes during w of an investigational drug. Patients can engage and provide input in numerous ways, participating in advisory committees, serving as a disease-specific patient representative, ting to patient-focused drug development initiatives, providing solicited consultation on e issues (e.g., clinically meaningful outcome measures), and participating in natural tudies. ⁴³ For drugs in development under an IND, FDA is subject to strict tiality requirements and may not be able to discuss with the public specific information drug development program. ⁴⁴ In these situations, FDA encourages direct sponsor-patient fication, when feasible, to facilitate the incorporation of patient perspectives and ices into the drug development process.
731	1	

⁴³ See the draft guidance for industry, FDA staff, and other stakeholders *Patient-Focused Drug Development: Collecting Comprehensive and Representative Input* (June 2018). When final, this guidance will represent the FDA's current thinking on this topic. For more information, see the Learn About Patient Engagement at the FDA web page available at https://www.fda.gov/ForPatients/PatientEngagement/default.htm#PFDD_2.

⁴⁴ For example, see 21 CFR 314.430.

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732 B. Expedited Programs

733 734 Most rare diseases are serious or life-threatening disorders with unmet medical needs and, 735 therefore, drugs treating these diseases may qualify for one or more expedited programs. FDA 736 encourages sponsors to consider these programs, which include fast track designation, 737 breakthrough therapy designation, priority review designation, and accelerated approval. For 738 details on eligibility and applications for expedited program designation, sponsors should consult 739 the guidance for industry Expedited Programs for Serious Conditions - Drugs and Biologics 740 (May 2014) and the draft guidance for industry Expedited Programs for Regenerative Medicine 741 *Therapies for Serious Conditions* (November 2017).⁴⁵

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C. Pediatric Considerations

According to estimates, about half of the people affected by rare diseases are children.

746 Therefore, conducting studies to evaluate drugs in pediatric patients is critical for determining

- the safety and efficacy of medications for many rare diseases.⁴⁶ When preparing development
- plans, sponsors should consider whether the rare disease affects both children and adults or only

children. In general, sponsors should include pediatric patients with rare diseases in

750 premarketing clinical studies to develop data on the full range of people with the disease.

751

FDA strongly encourages sponsors to study the drug in all relevant pediatric populations, birth to

younger than 17 years of age, so that the drug can be properly and completely labeled for

754 pediatric use. As part of these pediatric studies, FDA encourages sponsors to develop pediatric 755 formulations of the drug to enable accurate dosing, down to the youngest children affected by the 756 rare disease.

757

758 For studies in which both pediatric and adult patients are included, the sponsor should consider 759 the relevance and comparability of endpoints to both groups including whether results from both 760 groups can be combined in a single statistical analysis. Importantly, there are additional safeguards for pediatric patients enrolled in clinical studies beyond those provided for adult 761 patients.⁴⁷ These additional safeguards could limit the use of some procedures in children, which 762 763 would otherwise be acceptable for adults. Careful planning for a drug being developed to treat a 764 rare disease in children is important to maximize the efficiency and increase the likelihood of 765 success of the drug's clinical development program. Such planning should include discussions 766 with FDA early in drug development about the epidemiology of the rare disease and plans for 767 inclusion of pediatric patients in clinical studies.

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⁴⁵ When final, this guidance will represent the FDA's current thinking on this topic.

 $^{^{46}}$ The regulation governing labeling requirements defines the pediatric population as including patients aged "birth to 16 years, including age groups often called neonates, infants, children, and adolescents." 21 CFR 201.57(c)(i)(iv)(A). For the purposes of pediatric drug development, FDA interprets "birth to 16 years" to mean from birth to before the seventeenth birthday.

⁴⁷ See 21 CFR part 50, subpart D.

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770 X. INTERACTIONS WITH FDA

771

FDA offers sponsors numerous opportunities for interaction. When developing an

investigational drug for a rare disease, FDA encourages sponsors to meet with the relevant drug

review division supporting development of that particular drug.⁴⁸ FDA's feedback to sponsors

may result in more efficient drug development. At the sponsor's request, FDA will, if possible,

- provide advice on specific matters relating to an IND, including advice on the adequacy of data
- to support an investigational plan, the design of a clinical trial, and whether proposed
- investigations are likely to produce the data and information needed to meet requirements for a
- marketing application.⁴⁹ FDA provides formal advice through milestone meetings (e.g., pre-IND
- 780 meeting, end of phase 1 meeting).
- 781
- FDA can also provide informal support through interactions with FDA staff and offices (e.g.,
- 783 CDER including Rare Diseases Program and Professional Affairs and Stakeholder Engagement,
- 784 Center for Biologics Evaluation and Research (CBER), Office of Orphan Products Development,
- 785 Office of the Commissioner (Patient Affairs Staff).
- 786

787 For sponsors seeking early scientific and medical discussion for drug development

- considerations, FDA has a forum called Critical Path Innovation Meetings (CPIM) in which
- 789 CDER staff and investigators from industry, academia, patient advocacy groups, and government
- 790 discuss improving efficiency and success in drug development.⁵⁰ In CPIM, CDER staff
- 791 members often provide general advice on how a technology or methodology might be used to
- enhance drug development. CBER participates in CPIM meetings when cross-cutting issues
- arise that involve both centers. In addition, CBER created the Initial Targeted Engagement for
- Regulatory Advice on CBER Products (INTERACT) meeting program for potential sponsors to
- engage with CBER staff and obtain advice on a specific topic or issue that is critical to early drug product development. The advice provided by CBER staff to a potential sponsor during an
- 797 INTERACT meeting may help streamline development by, for example, helping sponsors to
- 798 avoid unnecessary preclinical studies.
- 799

⁴⁸ See the guidance for industry *Formal Meetings Between the FDA and Sponsors or Applicants of PDUFA Products*.

⁴⁹ See the guidance for industry and review staff *Best Practices for Communication Between IND Sponsors and FDA During Drug Development* (December 2017).

⁵⁰ See the guidance for industry *Critical Path Innovation Meetings* and the FDA Critical Path Innovation Meetings (CPIM) web page at https://www.fda.gov/drugs/developmentapprovalprocess/druginnovation/ucm395888.htm.

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800	REFERENCES¹
801	_
802	Draft guidances for industry ²
803	Adaptive Design Clinical Trials for Drugs and Biologics
804	
805	Chemistry, Manufacturing, and Control (CMC) Information for Human Gene Therapy
806	Investigational New Drug Applications (INDs)
807	Enviolment Strategies for Clinical Trials to Support Approval of Human Drugs and Biological
808	Products
810	Troducts
811	Expedited Programs for Regenerative Medicine Therapies for Serious Conditions
812	Expedited 1 rograms for Regenerative meature merupies for serious contanions
813	FDA's Application of Statutory Factors in Determining When a REMS Is Necessary
814	
815	Human Gene Therapy for Rare Diseases
816	
817	Investigational Enzyme Replacement Therapy Products: Nonclinical Assessment
818	
819	Labeling for Human Prescription Drug and Biological Products Approved Under the
820	Accelerated Approval Regulatory Pathway
821	
822	Rare Diseases: Early Drug Deevelopment and the Role of Pre-IND Meetings
823	
824	Draft guidance for industry, FDA staff, and other stakeholders'
825	Define Free Development Cellestine Complexity of Development (in Level
820 827	Patient-Focusea Drug Development: Collecting Comprehensive and Representative Input
027 828	Cuidances for FDA reviewers and snonsors
820	Content and Paview of Chemistry Manufacturing and Control (CMC) Information for Human
830	Somatic Cell Therapy Investigational New Drug Applications (INDs)
831	Somale Cell Therapy Investigational New Drug Applications (11(D3)
832	Guidances for industry
833	CGMP for Phase 1 Investigational Drugs
834	
835	Content and Format of Investigational New Drug Applications (INDs) for Phase 1 Studies of
836	Drugs, Including Well-Characterized, Therapeutic, Biotechnology-Derived Products
837	

https://www.fda.gov/RegulatoryInformation/Guidances/default.htm.

¹ We update guidances periodically. To make sure you have the most recent version of a guidance, check the FDA guidance web page at https://www.fda.gov/RegulatoryInformation/Guidances/default.htm.

² When final, these guidances will represent the FDA's current thinking on these topics. For the most recent version of a guidance, check the FDA guidance web page at

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838 839	Critical Path Innovation Meetings
840	Determining the Extent of Safety Data Collection Needed in Late-Stage Premarket and
841	Postapproval Clinical Investigations
842	
843 844	Expanded Access to Investigational Drugs for Treatment Use $-Questions$ and Answers
845 846	Expedited Programs for Serious Conditions—Drugs and Biologics
846 847	Formal Meetings Between the FDA and Sponsors or Applicants of PDUFA Products
848 849	Good Pharmacovigilance Practices and Pharmacoepidemiologic Assessment
850 851 852	Patient-Reported Outcome Measures: Use in Medical Product Development to Support Labeling Claims
853 854	Potency Tests for Cellular and Gene Therapy Products
855 856 857	Preclinical Assessment of Investigational Cellular and Gene Therapy Products
858 850	Premarketing Risk Assessment
859 860 861	Process Validation: General Principles and Practices
862 863	Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products
864	Guidance for industry and FDA staff
865 866	Qualification Process for Drug Development Tools
867	Guidance for industry and review staff
868 869	Best Practices for Communication Between IND Sponsors and FDA During Drug Development
870	ICH guidances for industry
871	F14 The Extent of Population Exposure to Assess Clinical Safety: For Drugs Intended for
872 872	Long-Term Treatment of Non-Life-Threatening Conditions
873 874 875	E4 Dose-Response Information to Support Drug Registration
875 876 877	E6 Good Clinical Practice: Consolidated Guidance
878 870	E8 General Considerations for Clinical Trials
880 881	E9 Statistical Principles for Clinical Trials
882 883	E10 Choice of Control Group and Related Issues in Clinical Trials

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884 885 886	M3(R2) Nonclinical Safety Studies for the Conduct of Human Clinical Trials and Marketing Authorization for Pharmaceuticals
887 888 889	M3(R2) Nonclinical Safety Studies for the Conduct of Human Clinical Trials and Marketing Authorization for Pharmaceuticals Questions and Answers (R2)
890 891 892	Q5E Comparability of Biotechnological/Biological Products Subject to Changes in Their Manufacturing Process
893 894 895	<i>Q6A Specifications: Test Procedures and Acceptance Criteria for New Drug Substances and New Drug Products: Chemical Substances</i>
896 897 898	<i>Q6B Specifications: Test Procedures and Acceptance Criteria for Biotechnological/Biological Products</i>
899 900	Q7A Good Manufacturing Practice Guidance for Active Pharmaceutical Ingredients
901 902	Q10 Pharmaceutical Quality System
903 904	S6(R1) Preclinical Safety Evaluation of Biotechnology-Derived Pharmaceuticals
905 906	S7A Safety Pharmacology Studies for Human Pharmaceuticals
907 908	S9 Nonclinical Evaluation for Anticancer Pharmaceuticals
909	Other resources
910	FDA, Food and Drug Administration Safety and Innovation Act (FDASIA) Section 1137:
911	Patient Participation in Medical Product Discussions Report on Stakeholder Views, January
912 913	2016, https://www.fda.gov/downloads/ForPatients/About/UCM486859.pdf
914	FDA, Externally Led Patient-Focused Drug Development Meetings, December 2015,
915	https://www.fda.gov/ForIndustry/UserFees/PrescriptionDrugUserFee/ucm453856.htm
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917	FDA, Developing Products for Rare Diseases and Conditions, October 2018,
918	https://www.fda.gov/ForIndustry/DevelopingProductsforRareDiseasesConditions/default.htm